

18 September 2023

Coffee Morning
Monday 25th September

Dear Parent/Carer,

We would like to invite you to a coffee morning at **9am on Monday 25th September in the Hut**, where we will be joined by "With Me in Mind".

What is With Me in Mind?

Our team are made up of a wide variety of staff with different professional backgrounds. This includes; Mental Health Nurses, Social workers, Interpersonal Psychotherapists, Cognitive Behaviour Psychotherapist and Educational Mental Health Practitioners.

Our team help to enhance the support already in place from school but, we also provide direct consultations with educational settings if there are concerns relating to the emotional and mental wellbeing of a young person. This may then result in;

- Advice being offered around how the educational setting can support the young person
- Signposting to other services
- For some children/young people, direct therapeutic interventions for those experiencing mild to moderate mental health difficulties



We may also offer group work, assemblies, corridor workshops, or parental support/education. We also aim to support education staff in embedding the whole school approach to emotional and mental health through positive working relationships, education, training, advise and support.

Supporting children, young people and their families

Where appropriate, we will work in collaboration with Schools Nurses, Educational Psychologists and any other agency that may be supporting children/young people.

We can also help children and young people with more severe needs to access the right support and provide a link to specialist NHS services.

The teams are based in certain Rotherham, Doncaster and North Lincolnshire educational establishments. This includes; Schools, Colleges, Special Education schools, Alternative Provision and for Home School pupils, in the community. The main aim of the service is to support children, young people and their families with their emotional and mental wellbeing.

We look forward to seeing you there.

Yours sincerely,
Mr C Metcalfe
Principal

