

15 May 2024

Relationships and Sex Education

Dear Parents/Carers,

Here at Sandringham Primary School, we include RSE and Health Education within our whole-school PSHE curriculum. Over the past few years Sandringham Primary School have used Big Talk to deliver the RSE element of the curriculum. This meant that all content was delivered in one day by Big Talk. This academic year we will not be using Big Talk but rather will be using the content from Jigsaw, the scheme of learning which we currently use to deliver PSHE lessons. Over the summer term, teachers will deliver the 'Relationships' and 'Changing Me' modules.

Relationships education will cover the following topics:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Changing Me will cover the following topics:

- EYFS – Growing up: How we have changed since we were babies.
- Year 1 - Boys' and girls' bodies: correct name for body parts.
- Year 2 – Boys' and girls' bodies, body parts and respecting privacy.
- Year 3 – How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.

All the content delivered in the RSE lessons covered from EYFS to Year 3 is considered a statutory part of the curriculum. Should there be any elements that you are concerned about, we invite parents/carers into school on **Monday 20th May 2024** at either **9-9:30am or 3:30-4pm** to view the material that pupils will be taught. Members of staff will be available to discuss any concerns you have about the lesson content.

If you have any questions or would like to discuss anything further, please speak to class teachers or the office staff.

Many thanks,
Mrs S Waterland
PSHE Subject Lead