

## Week 1 Menu

Week beginning 30<sup>th</sup> October / 20<sup>th</sup> November / 11<sup>th</sup> December

Day	Main	Dessert
<b>Mon</b>	<p><b>Option 1</b> Pizza, potato wedges &amp; vegetables</p> <p><b>Option 2</b> Macaroni Cheese, homemade bread &amp; vegetables</p>	Strawberry Forest Fruits or Chocolate Mousse
<b>Tue</b>	<p><b>Option 1</b> All day breakfast – Sausages, bacon, diced potatoes &amp; beans <b>This option includes pork &amp; beef</b></p> <p><b>Option 2</b> Vegetable Fingers, diced potatoes &amp; beans</p>	Apple Flapjack & Milk Shake
<b>Wed</b>	<p><b>Option 1</b> Roast Beef, Yorkshire pudding &amp; gravy</p> <p><b>Option 2</b> Vegetable Crumble &amp; Gravy</p> <p>Potatoes &amp; vegetables</p>	Viennese Tart & Custard
<b>Thur</b>	<p><b>Option 1</b> Beef Spaghetti Bolognese, crusty bread &amp; vegetables</p> <p><b>Option 2</b> Cheese quiche, half jacket potato &amp; vegetables</p>	Mandarin oranges in jelly
<b>Fri</b>	<p><b>Option 1</b> Fish Fingers, chips &amp; peas</p> <p><b>Option 2</b> Vegetarian sausages, chips &amp; peas</p>	Chocolate Crunch & Custard

**Bread available each day**  
**Fruit and Yoghurts are available each day**

**Week 2 Menu**

**Week beginning 6<sup>th</sup> November / 27<sup>th</sup> November / 18<sup>th</sup> December**

Day	Main	Dessert
<b>Mon</b>	<p><b>Option 1</b> Pizza Twists, potato croquettes &amp; vegetables</p> <p><b>Option 2</b> Quorn dippers, potato croquettes &amp; vegetables</p>	Pineapple shortcake & custard
<b>Tue</b>	<p><b>Option 1</b> Beef Burger, potato wedges &amp; beans</p> <p><b>Option 2</b> Vegan roll, potato wedges &amp; beans</p>	Sticky toffee pudding & custard
<b>Wed</b>	<p><b>Option 1</b> Roast Gammon, Yorkshire pudding, roast potatoes &amp; vegetables</p> <p><b>Option 2</b> Vegetable lasagne, crusty bread &amp; vegetables</p>	Ice cream & fruit wedge
<b>Thur</b>	<p><b>Option 1</b> Chicken Tikka curry &amp; rice with vegetables</p> <p><b>Option 2</b> Tomato pasta, crusty bread &amp; vegetables</p>	Cookie & Milkshake
<b>Fri</b>	<p><b>Option 1</b> Fish portion, chips &amp; peas</p> <p><b>Option 2</b> Vegetable Nuggets, chips &amp; peas</p>	Bakewell Tart & custard

**Bread available each day**  
**Fruit and Yoghurts are available each day**

**Week 3 Menu**

Week beginning 13<sup>th</sup> November / 4<sup>th</sup> December

Day	Main	Dessert
<b>Mon</b>	<p><b>Option 1</b> Pizza, half jacket potato &amp; vegetables</p> <p><b>Option 2</b> Vegetable Curry &amp; rice with vegetables</p>	Ice cream roll
<b>Tue</b>	<p><b>Option 1</b> Breaded chicken breast, potato wedges &amp; vegetables</p> <p><b>Option 2</b> Vegan roll, potato wedges &amp; vegetables</p>	Apple Muffin & Milkshake
<b>Wed</b>	<p><b>Option 1</b> Sausages, Yorkshire pudding, mashed potato &amp; vegetables <b>This option includes pork &amp; beef</b></p> <p><b>Option 2</b> Vegetable pie, mashed potato &amp; vegetables</p>	Jam & cream scone or chocolate brownie
<b>Thur</b>	<p><b>Option 1</b> Pork &amp; Stuffing pie, diced potatoes &amp; vegetables</p> <p><b>Option 2</b> Mediterranean tomato pasta bake, homemade garlic bread &amp; vegetables</p>	Peaches in Jelly
<b>Fri</b>	<p><b>Option 1</b> Jumbo fish fingers, chips &amp; peas</p> <p><b>Option 2</b> Quorn pizza burger, chips &amp; peas</p>	Sparkle sponge & custard

**Bread available each day**  
**Seasonal vegetables served daily**