



3rd December 2021

Year 5 Swimming Lessons

Dear Parents/Carers,

As part of the physical education curriculum in Year 5, we will be starting our swimming sessions at Swimstars & Dolphins at Quest Park.

The first swimming session will be Friday 7th January 2022. Group 1 (Swans) will go at 12.15pm and group 2 (Toucans) will go at 1.15pm. This will then swap for Spring 2.

Swimming kit and a towel need to be in a named separate bag to their school bag on swim days. This should include only a swim kit and towel, no deodorant or body sprays.

The leisure centre requires the following:

- Boy: Black/Navy fitted swim shorts/trunks these must have the netting
- Girls: Black/Navy full swimming costume not a bikini.
- Goggles and swim hats are optional.
- Long hair needs to be tied up.
- No jewellery.
- Toe and fingernails should not be painted.

Please note that if your child does not have the correct swim wear the leisure centre will not let them swim and they will observe the lesson.

Please be aware that swimming is a national curriculum requirement and therefore your child should attend every lesson. However, if your child is unable to attend swimming for medical reasons, please contact their class teacher. Your child will still go to the pool and observe the lesson.

If you have any queries, please email your child's class teacher at swans@sandringham.school or toucans@sandringham.school

Yours sincerely,

Mrs E Shepherd

PE Coordinator